

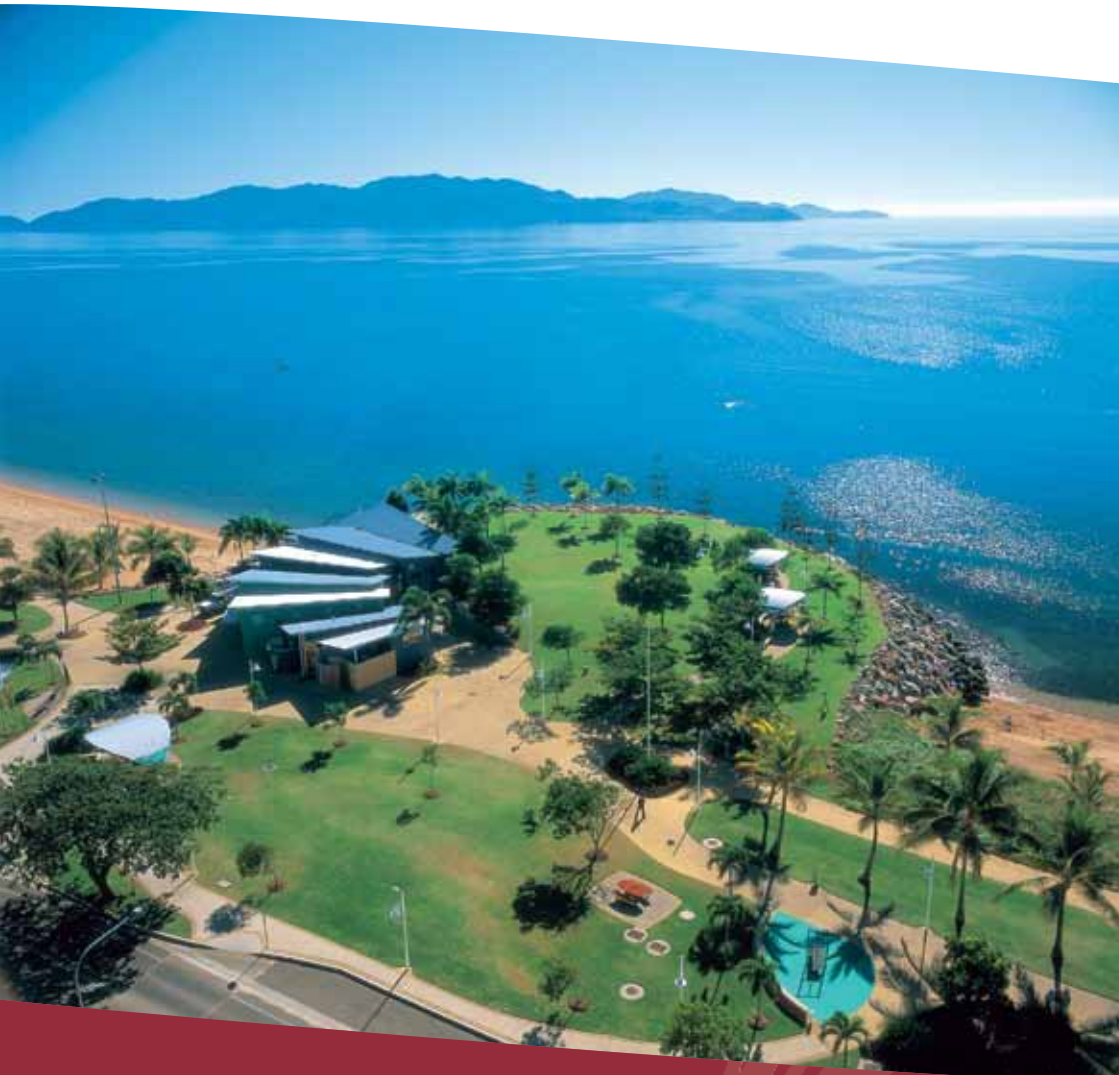


TOWNSVILLE PICNIC BAY SURF LIFE SAVING CLUB INC

INFORMATION BOOKLET
2019/2020 SEASON



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PRESIDENTS WELCOME

Welcome to Townsville Picnic Bay Surf Life Saving Club. We are an integral part of Townsville's community through the provision of voluntary lifesavers, keeping our beaches safe. We patrol beaches at The Strand in Townsville and Picnic Bay on Magnetic Island.

Strong traditional values are one of the key success factors of Townsville Picnic Bay Surf Lifesaving Club. We offer the teaching of Lifesaving skills, first aid, resuscitation, the provision for surf sports involvement and community engagement.

Townsville Picnic Bay Surf Lifesaving Club was established in 1927, and we recently celebrated our 90th year of providing beach patrols to the Townsville community. October 2019 will mark 20 years for the Strand Clubhouse official opening, which has given our members access to surf lifesaving activities on the mainland as well as Picnic Bay, Magnetic Island.

We are a family orientated club with core values that reflect professionalism, sportsmanship, mateship and pride. We wish you all the best in becoming a member of the Townsville Picnic Bay Surf Lifesaving Club and look forward to meeting you on the beach.

Yours in Lifesaving,

Darrin Bragg

PRESIDENT

On behalf of Townsville Picnic Bay Surf Life Saving Club





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HISTORY OF TOWNSVILLE PICNIC BAY SLSC 1927 ~ 2019/20



①

(Prev. Picnic Bay Surf Life Saving Club – formed from the Townsville L.S.C. a Stillwater organisation formed in 1915)

When Townsville was settled, Magnetic Island became a popular destination for rest and recreation, thus reflected the name "Picnic Bay". In the 1920's the Islands weekend population increased greatly with young men and women who occupied more than 25 small cottages.



②

The North Townsville Life Saving Club, a still water club, of which the late Cyril Currie (founder and Life Member of Picnic Bay SLSC) was involved, moved its focus to Picnic Bay on Magnetic Island during a time when the surf lifesaving movement was gaining momentum. A public meeting was called with overwhelming response from the weekend people and the still water lifesavers, thus resulting in the formation of the Picnic Bay Surf Life Saving Club in 1927.



③

The first clubhouse was a one room shack about 12ft x 12ft with a large bell above the roof. The 1930's were boom years for surf lifesaving and Picnic Bay's new clubhouse was erected in 1937. With the onset of WWII many members answered the call and the clubs activities were suspended for the duration of the war. The late W. (Burkie) Hammett (Life Member) was custodian of the clubs affairs during this time and was instrumental in its post war resurrection, including the acquisition and transportation to the Island of an ex-RAAF building that became the members' dormitory.



④



⑤



⑥



⑦

① Picnic Bay First Clubhouse 1927;

② Picnic Bay Life Saving Club est. 1927; ③ Picnic Bay Clubhouse

1937 (severely damaged in 1939 cyclone, reconstructed in 1940 and destroyed by Cyclone Althea 1971);

④ "Burkie's Barn" (club dormitory ex-RAAF building transported and reconstructed at Picnic Bay post WWII); ⑤ Picnic Bay 1950's

(dressing sheds, clubhouse and members dormitory); ⑥ Picnic Bay SLSC Clubhouse 1966;

⑦ Townsville Picnic Bay SLSC Clubhouse (The Strand, Townsville).

The 1950's and 1960's were prosperous years for Picnic Bay and the new Island Clubhouse was constructed in 1966. The Nipper club was formed in the 1967/68 season. Christmas Eve 1971 heralded the arrival of Cyclone Althea during which the Club lost much of its memorabilia. The latter part of the 70's and again in the 90's saw a resurgence of successful competitors at State and Australian Titles. The 1980's saw the introduction of females as patrolling surf life savers.

In was in the 90's that the club decided to secure a base on mainland Townsville and in 1999 saw this dream come to fruition with the opening of its Strand clubhouse. "With the move to the mainland the Club has significantly expanded its area of surveillance. Patrols will still cover Picnic Bay and its adjacent area but now include the Strand beach." (Extract from J. Jensen, *You Never Really Leave Picnic Bay, The History of Picnic Bay Surf Life Saving Club 1927-2002*)

In 2007 the Club celebrated its 80th Anniversary to coincide with 100 years in Surf Life Saving. 2010 saw Picnic Bay SLSC members vote to incorporate Townsville into the name – the club went through an official name change and is now known as Townsville Picnic Bay Surf Life Saving Club.

In December 2016 we celebrated the 50th Anniversary of the Magnetic Island Clubhouse, and in 2017 we celebrate the 90th year since that first meeting in the old dance hall on top of the shop at Picnic Bay. With a proud tradition behind us, we look forward to continuing our success well in to the future.

2018 saw the celebration of 50 years of nippers and in October 2019 we will celebrate 20 years at the Strand Clubhouse.

ABOUT SURF LIFE SAVING QLD

The primary focus of Surf Life Saving Queensland is to provide safer beaches for all Queensland residents and visitors, and to work with national and state affiliates to ensure safer beaches throughout Australia. To achieve this, SLSQ aims for "Zero preventable deaths and injuries on all Queensland beaches". Surf Life Saving is the only emergency services in Australia that aims to prevent death and injury.

Surf Life Saving Queensland is made up of 58 surf life saving clubs with 6 Branches serving the coastal areas from Port Douglas in the north to Rainbow Bay on the QLD/NSW border.

Services consist of:

- 57 x volunteer Clubs
- Helicopter operations
- Jet Rescue Boat operations
- Rescue Water Craft operations
- Radio Communication Network
- Paid lifesaving services (lifeguards)



Providing aquatic safety to the public is the most important area of our operations, and includes:

- Surf safety and surf awareness information
- Marine stinger information and research
- Professional lifeguard services
- School education programs (eg. Beach to Bush)
- Community life support skills
- Powercraft and water safety services
- Aerial surveillance and rescue services
- Communications
- Risk Assessment Auditing (coastal, signage)

SLSQ Mission: To be accepted as a proactive and effective peak body, providing excellent beach safety and lifesaving services, water safety advocacy, education and sport.

SLSQ Purpose: To save lives, contribute to the fulfilment of members' personal ambitions and serve the community.





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Ayr Office

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INTERNAL CLUB STRUCTURE



AIMS OF TOWNSVILLE PICNIC BAY

Surf Life Saving is open to anyone regardless of age, race, colour, religion or sex. Townsville Picnic Bay Surf Life Saving Club is a place where people from all walks of life can unite with a common aim or goal "to save lives and keep our beaches safe" in a fun environment. We at Townsville Picnic Bay Surf Life Saving Club are "The Life of the Beach" at The Strand, Townsville and Picnic Bay, Magnetic Island – patrolling the beaches on Saturday afternoons, all day Sundays and public holidays.

Our aim is to provide a safe and fun aquatic environment for the public of Townsville and Magnetic Island and our many visitors. We have a positive impact on the local community as well as the thousands of individuals from interstate and overseas, who have utilised our beach safely and acquired surf education over the past 84 years. Townsville Picnic Bay SLSC prides itself on the fact that there have been zero drownings on our beaches here in Townsville and on Magnetic Island.

Strong traditional values are one of the key success factors for the Club. In addition to providing Life Saving skills and youth development, we offer camaraderie and friendship within this Club and with other Clubs around the region.

You do not have to be a fantastic swimmer or athlete to become a member of Townsville Picnic Bay Surf Life Saving Club. There are many activities you can be part of both socially and competitively. Our emphasis is on **fun and participation**.



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MEMBERSHIP

We provide the following types of membership, which caters for all ages.

Probationary

This is the designation given to any person for the time period between applying for membership and the gaining of an award and/or the granting of a formal category membership by the Club Management committee.

Nippers (Junior Activity)

The minimum age of a Nipper is 5 years old up to a maximum age of 14 years on a seasonal basis. The age for a season is determined as at midnight on the 30 September at the commencement of that season. Each age group will be required to gain the relevant Junior Activity Certificate for their age group.

Emphasis is on participation and fun. Nippers start by learning about Surf Awareness through the Surf Ed program. Programs of activities include surf safety board paddling, board rescue, beach activities, basic resuscitation and first aid. The Nippers program is designed to provide an educational experience in a wide range of subjects and skills within the aquatic/marine environment and to prepare junior members for eventual transition to the senior movement where they become active beach patrolling members. The program aims to promote the spirit of camaraderie and citizenship within the community.

It is Club policy that every Nipper member has at least one parent join the Club.

Under 7 Activities

The Fluros Program is for 5 - 6 year olds who are keen to participate in activities similar to their older siblings. The following strict conditions and guidelines must be complied with for registering children in this membership category. Parents must be registered members of the Club. Children must have a brother/sister already registered in the Nippers or a parent /guardian actively involved in club activities at that particular time. Children will be involved in fun activities and can participate in shallow water activities only. Children are unable to participate in inter-club carnivals or other such forms of formal competition outside the club. Parents/guardians must assist with running of activities.

Active Cadets & Active Junior

Cadets shall be a minimum age of 15 years of age on a seasonal basis. Cadets are introduced to the Surf Rescue Certificate at 13 years of age, which is the minimum award requirement to become an active surf lifesaver. Active cadets are required to perform beach patrols once they have gained their Surf Rescue Certificate. Once members aged 15-18 achieve their Bronze Medallion, they are known as Active Juniors. Active Juniors are involved in all areas of lifesaving.

Active Senior

Active seniors are those members over the age of 18 years who hold a minimum requirement of the Bronze Medallion. Bronze Medallion holders fulfil the full patrol and Club obligations, as provided by the Association and the Club Constitution and By-Laws, and shall qualify in an annual proficiency test each season, unless the member has obtained his Bronze Medallion in that season.

Active Reserve

Active Reserve membership may be granted to Active Members who have satisfactorily completed at least eight (8) years of patrol at the Bronze Medallion level, and Club obligations as provided by the Association and Club Constitution and By-Laws. Reserve Active Membership shall not be automatic, but shall be granted by resolution of the appropriate Club body. Active Reserve members are required to perform a minimum of patrols each season and complete an annual proficiency test.

Long Service

Long service may be granted to those members who have completed ten years of active service or eight years of active service plus four years of reserve active service. Long Service members shall be exempt from all patrol obligations. Many long service members continue to perform beach patrols.

Award

Award Members are those members who are the holder of an Association Award of one or more of the following designations: Radio Award/s, Resuscitation Certificate, Advanced Resuscitation Certificate or First Aid Award (or equivalent). Award members may be called upon to perform patrols and/or other Club obligations commensurate with their qualifications.

Associate

An Associate Member is one who is over 18 years of age and does not hold an Association Award. Their annual membership fee is substantially higher than that of club membership.

Life Membership

Life Members may be granted to members that have rendered distinguished or special services over a period of time.





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MEMBERSHIP FEES 2019/20 SEASON

Category	Details	Patrol Duties	Fees	Insurance Levy	Gear Levy	Forms	Total Cost
Active Junior / Cadet	15-17 years SRC / Bronze Medallion	Yes	\$55	\$25	\$20	Membership & Parent Consent	\$100
Uni Student	18-22 years, must have Student ID	Yes	\$55	\$25	\$20	Membership	\$100
Active Senior / Award Member / Active Reserve / Long Service	18 years + SRC / Bronze Medallion / 1st Aid / ARC / ROC	Yes	\$55	\$25	\$20	Membership & Blue Card	\$100
Associate	No SLSA qualifications necessary	No	\$75	\$25	\$0	Membership & Blue Card	\$100
Family 1A & 1C			\$110	\$25 per member	\$40	Membership, Parent Consent & Blue Card	\$200
Family 1A & 2C			\$165	\$25 per member	\$40	Membership, Parent Consent & Blue Card	\$280
Family 1A & 3C			\$220	\$25 per member	\$40	Membership, Parent Consent & Blue Card	\$360
Family 1A & 4C			\$275	\$25 per member	\$40	Membership, Parent Consent & Blue Card	\$440
Family 1A & 5C			\$330	\$25 per member	\$40	Membership, Parent Consent & Blue Card	\$520
Second adult is complimentary				\$25 per member			

Membership Fees Include:

- ✓ 12 months membership
- ✓ access and use of club boards and equipment as approved by the Director of Surf Sports or Club President
- ✓ opportunity to be involved in many diverse aspects of Life Saving including: board and ski training, beach training, surf swimming, rescue and resuscitation training, surf boats, IRB's, first aid, patrol competition, pool rescue
- ✓ surf smart awards certificate
- ✓ 10% members bar discount at The Surf Club
- ✓ access to free coaching as per club yearly program (excluding manuals)
- ✓ 50% discount on dormitory fees at Magnetic Island Club House

- ✓ surf skills, stinger identification and understanding of treatments
- ✓ team activities and camps - fees may apply
- ✓ gear levy is a max \$40 per family
- ✓ family packages include either nippers, cadets or uni students as a child for membership fee purpose
- ✓ presentation medals, trophies & prizes
- ✓ insurance cover for all approved SLS & Club Training Activities

PLEASE NOTE: it is club policy that every Nipper/ Cadet member has at least 1 parent join the club. We recommend that all parents/ guardians join the club, as you will then be entitled to full club facilities and associated benefits. The 2nd Adult joins at no additional cost except the mandatory Insurance Levy of \$25

DRESS REQUIREMENTS

Club Colours: Maroon and Gold

Club Caps: The club colours of Maroon and Gold are incorporated in our competition caps and must be worn by members at all carnivals. Caps are purchased by the members through the club.

Pink Vests: These are compulsory for anyone entering the water in training or competition with our club. They can be purchased through our uniform shop on any given Nipper day.

Protective Lycra Suit: Because of the prevalence of marine stingers in North Queensland, it is a SLSQ policy for all members, especially U18's, to wear stinger suits both at training and at Carnivals. These can be ordered through the club at a very competitive price if not cheaper than those purchased at other retail outlets. It is compulsory to have stinger suits in club colours for competition.

Rash Shirt: Whilst not a compulsory item for competition (as you can wear the protective Lycra suit) our Club Rash Shirt can be worn in beach events with the correct Picnic Bay Togs. This shirt is also a great idea for sun protection.

Patrol Uniform: Patrol Shirts, shorts and caps are for all patrolling members. Remember it is compulsory to have the correct patrol uniform when carrying out your Beach Patrol.

Other Club Gear: The club has Polo Shirts, Training Shirts (long sleeve) and Hats for sale. Clothing Shop opens every nipper day during the season.

Club Room Dress Rules: We require a minimum of neat casual dress at all times. No sandy or wet bathers or stinger suits to be worn in club rooms.



CLOTHING PRICES



STINGER & SUN PROTECTION SUITS (one-piece only)

Children's Sizes 6 - 16 \$75

Adult Sizes S - 2XL \$85

OTHER CLOTHING

Club Cap \$20

Club Dress Shirt \$50

Pink Vest \$25

Club Shirts	Polo	\$35
	T-Shirt	\$30

Singlet	Muscle Tee	\$25
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Competition Cap (fluro green) \$20

Hoodies \$55

Track Jackets \$65



PROFICIENCIES

Annual proficiency tests are conducted at the beginning of the patrol season for all awards as required. Proficiencies are used as a means to ensure members are up to date with any changes to the learning outcomes of the award/s and have competent skills required of the award/s. All Townsville Picnic Bay SLSC members are required to pass the annual proficiency test to carry out the necessary patrol duties as determined by their award status.

Members are required to complete their annual proficiency prior to 31st December each year. To facilitate patrols and patrol rosters, all current proficient members shall be deemed proficient until 31st December. Members becoming proficient or obtaining a new Bronze Medallion during the period 1st July to 31st December shall be deemed proficient until 31st December of the following year.

Annual Proficiency tests are carried out as group assessments at the commencement of each new season and conducted at intervals during the season as required up until December 31st.



There are numerous awards available to members of Townsville Picnic Bay Surf Life Saving Club, too many to mention here. We have listed some of the major awards:

Surf Education Awards for Junior Activities

The "Surf Ed" Program is an integral part of our Junior Activities Program. This program is designed to educate our young members on the facts of Life Saving and Surf Survival. Our older Nippers are taught how to save the lives of others. This program touches on the topics of Beach and Aquatic Safety, how to define dangerous and hazardous surf conditions, how to react in an emergency, resuscitation, first aid and surf and beach skills.

Surf Rescue Certificate

The Surf Rescue Certificate is the first step for young members to gain their Bronze Medallion. Those members over 13 years of age may train for their Surf Rescue Certificate and once achieved help out on patrol. The areas covered in the Surf Rescue Certificate include:

- Surf Awareness
- Basic Resuscitation
- Emergency Care
- Surf Skills
- Rescue Techniques Patrols

These areas of knowledge learnt both through the Surf Rescue Certificate and Bronze Medallion are of great benefit to everybody. The techniques learnt enable a lifesaver to act confidently and correctly in an emergency situation.

Bronze Medallion

The Bronze Medallion is the award that must be attained before a person is deemed fit to become a member of a Beach Patrol. The minimum age for completing the Bronze Medallion Award is 15 years. To start training for the Bronze Medallion, a candidate must complete a 400 metre pool swim in 9 minutes or less and become a member of Picnic Bay Surf Life Saving Club. Upon completing the swimming test, candidates now begin their training in such areas as:

- Surf Awareness
- Rescue Techniques
- Basis Resuscitation
- Inshore Rescue Boat Crewing
- Basic First Aid
- Carries and Support
- Emergency Care
- Resuscitation (CPR)
- Radio Operations
- Surf Skills Patrols

The list is extensive; however Townsville Picnic Bay Surf Lifesavers are proficient and fully conversant in all areas of surf lifesaving after passing their final examination. Further learning occurs on patrol on the beach, with the Patrol Captain taking an active role in developing the skills and awareness of those members within his or her patrol.

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COURSES

We also offer Training Officer Courses, Beach Official Training Courses and Assessor Courses.

Training Officer Certificates:

- Bronze Medallion
- Surf Rescue
- Resuscitation
- Radio
- IRB
- First Aid

Assessor Certificates:

- Bronze Medallion
- Surf Rescue
- Resuscitation
- Radio
- IRB
- First Aid

SLSA offers training and assessment in a number of **nationally accredited qualifications** including:

- Certificate IV in assessment and workplace training
- Certificate II in public safety (aquatic rescue)
- Certificate III in public safety (aquatic search and rescue)
- Certificate IV in public safety (leadership)



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SURF SPORTS

Senior Members (U15 to Masters)

Surf Sports is the fitness and / or competition arm of the lifesaving movement and plays a key role in improving lifesaving skills, fitness and motivation. The summer of high profile events also aids in the recruitment and promotion of Surf Life saving. Competitors of all ages compete in a range of aquatic and beach events designed to promote fun, fitness and skills at all levels. There are a wide range of activities available to members to try and members are encouraged to learn and develop their skills.

The Townsville Picnic Bay SLSC provides all members the opportunity to become involved in the many facets of Surf Sports including:

- Surf Boat Rowing Board, Ski Paddling and IRB racing
- Beach Events, Rescue and Resuscitation
- Champion Lifesaver Patrol Competition
- Swimming, Pool Rescue and First Aid

Opportunities to participate are offered to all new and existing members. Members are encouraged to attain then maintain a level of proficiency in a friendly and supportive environment (you don't have to be a good swimmer to be a Lifesaver!). Our coaches and trainers provide regular training in all of the surf sports and cover a wide range of abilities. A general outline of the main surf sports are outlined:

Surf Boat Rowing

The surf boat was an essential rescue craft before the introduction of inflatable rubber boats (IRBs) and outboard motors. The surf boat is now utilised primarily for fitness training and competition with races covering a distance of approximately 800 meters. Surf Boats take a crew of 5 people who use paddles/oars to propel the craft with a cox at the back to steer.



IRB

The Inflatable Rubber Boat has an outboard motor and a crew of 2 (driver and crew member). They navigate the marine conditions to manoeuvre the craft and complete surf rescues. They are also often used for water safety and a variety of community events requiring a surf lifesaving presence.

Board Paddling

The rescue board is the most used item of equipment during inshore rescues. The Malibu board is used for racing and surfing, and is approximately 3.2 metres in length and of fibreglass on polystyrene construction. Board races cover a distance of approximately 400 metres. It's also a great exercise for toning the upper body!

Ski Paddling

The surf Ski is propelled by either one (single ski) or two (double ski) people using double-ended paddles. Steered by foot controls and rudder, the ski has a light fibreglass frame. Skis are 6 to 7.5 metres in length and races cover approximately 500 meters. It's a great upper body and endurance activity as training distances can vary from short inshore courses to several kilometres.

Surf Swims

Includes surf swim races around a course of approximately 300-400 metres. Participants learn to navigate and swim through open water and marine courses. They also practice transitioning from land to water (and vice versa). It's a great cross-training activity and when combined with board, ski and beach sprints allows members to participate in the Iron Events!

Belt Races

Involve the use of the iconic reel, line and belt and a swim of approximately 120 meters. Five competitors are required. It follows the traditional surf lifesaving events and while mostly used for exhibition, does have special competitive events attached to it.

Tube Rescue

The tube is a rescue tool used by lifesavers relatively close to the shore. When racing, it involves the swimmer towing the tube a distance of approx' 120 metres. The competitive side is usually a fun and friendly spirited race, but the practical application is that members have a means to keep their rescue skills up to date.

Beach Events

Competition includes beach sprint (individual) and the beach relay (team of four) over a distance of 90 metres. In recent times, a longer endurance-based 2km event is sometimes presented at carnivals. Again, there is a range of options for members who prefer a short or longer course.

Beach flags are a test of quick response over a 20 metre course. There is always one baton less than the number of competitors in the event. A competitor who doesn't gain a baton in a run through is thereby eliminated from the competition. The elimination rounds are progressive until only one competitor is left.

Rescue and Resuscitation

The R & R event, in its different forms, provides the opportunity for surf lifesavers to demonstrate in a competitive manner, the original and developing methods of rescue as well as the modern techniques of resuscitation. This competition is contested by teams of 2, 5 and 6, with each member taking an active role in a simulated rescue, utilising the traditional reel, line and belt.



Patrol Competition

The Patrol Team Competition gives our members a chance to compete by trialling their lifesaving skills in simulated situations, testing their rescue skills, emergency response, resuscitation and first aid knowledge at both club and inter club levels. This competition is suited to the member who is a good all round lifesaver, performing as part of a team. This competition is strongly contested in all age groups

Pool Rescue

There are a variety of pool-based events for members centering around picking up a casualty and returning the mannequin to the surface. Participants enjoy the fast pace of these races and often transfers into practical and employable skills such as pool lifeguarding.

Champion Lifesaver

The Champion Lifesaver Competition is a test of an individual's lifesaving skills, both practical and theory. It combines many of the skills needed in the above disciplines from fitness to resuscitation as well as a good working knowledge of lifesaving and beach conditions, hence the name "champion lifesaver"! A champion lifesaver is an all rounder!

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CARNIVALS

There are many Surf Sports events held each year, ranging from club events, regional (Branch) carnivals, as well as State and National events. These occasions not only allow our competitors a chance to compete against other surf lifesavers from across the state but are also great social events and many new and long term friendships are often made as a result of these meets.

Carnival Nominations close 2-3 week prior to Carnival date. Nomination monies and list of events should be given to the Team Manager, Club Administrator or Training Development Officer prior to the close-off date. Late nominations will incur a penalty fee as set by SLSQ. Carnival Nomination Fees must be paid prior to Carnivals. No pay no play is our policy. Non-financial members cannot be nominated, travel with the club or compete in Carnivals. Our Junior team travel together as a team to Qld State Youth Championships and Australian Championships. Communication will be shared with interested families at the start of the season and there will be selection carnival to determine athletes eligible to travel to the State Youth Championships.

The Carnival is under the control of the Carnival Referee who is, at Branch Level, Director of Surf Sports. The Referee can alter or even cancel a carnival program if adverse surf, beach or weather conditions. The Team Manager is the only person from the club eligible to lodge a protest regarding any alleged infringement of the rules.

Competitors will be under the control of their Team Manager assisted by the Age Managers. They must endeavour not to leave the tent area without first consulting with their Age Manager. **MANY AN EVENT HAS BEEN MISSED BECAUSE COMPETITORS HAVE WANDERED OFF.** The Authority of Team Managers must not be overruled by parents. Competition caps must remain on and be securely tied under the chin; particularly in the competition area where disqualification may occur if this is not the case. The wearing of stinger suits and pink vests are also mandatory clothing in order to compete.

A Carnival usually takes two days to contest. Volunteers are needed, both at Carnivals that Townsville Picnic Bay hosts and at carnivals we attend, to help officiate, to help put up and take down tents, to transport gear, assist in the kitchen and any other activities. Parents, unless performing as officials, are not allowed into the competition area. Parents are also not permitted to take photographs on the beach during competition. Breaching of these rules may result in the disqualification of competitors.



TOWNSVILLE PICNIC BAY CARNIVALS

Townsville Picnic Bay holds intra club competitions on the Strand each week, where swim and beach events are contested. Towards the end of each season, "Club Championships" are conducted for both male and female competitors, in all age groups including Masters.

Surf Life Saving is a unique blend of positive, quality activities, where there is something for everyone. People of all ages and backgrounds can adopt the healthy lifestyle and learn the skills that Surf Sports has to offer, by becoming an active part of this exciting organisation – the Townsville Picnic Bay Surf Life Saving Club.



2019/20 Carnival Dates

NBB Under 8-Masters Carnival

12th & 13th October 2019
Forrest Beach SLSC

North Australian Championships

25th - 27th October 2019
Mackay SLSC

Presidents Cup Surf Race

24th November 2019
Townsville Picnic Bay SLSC

NBB Surf Rescue Championships

17th November 2019
Eimeo SLSC

NBB Branch Championships

7th & 8th December 2019
Mackay SLSC

Qld Youth Championships

20th - 22nd March 2020
Alexandra Headland

Aussies

18th March - 26th April 2020
Gold Coast

TPBSLSC

Senior Club Championships

10th April 2020 (Good Friday)
Picnic Bay, Magnetic Island

Critter Hay Memorial Surf Race

12th April 2020 (Easter Sunday)
Picnic Bay, Magnetic Island

Nippers, or correctly named, Surf Life Saving Junior Activities, have been operating in Queensland since 1965. Townsville Picnic Bay Nippers was formed in the 1967/68 season to provide children in the 6 to 13 year age group with the best possible life saving and sporting experience, with a view to encouraging long-term active participation in the life saving movement. In the 17/18 season Nippers will be held on a Sunday morning from 8.30am unless otherwise advised.

Townsville Picnic Bay Surf Life Saving Club offer a program of surf awareness, skills coaching and competition over various levels, similar to the events Australia's surf lifesavers participate in.

Townsville Picnic Bay's emphasis is on:

FUN, FAMILY AND FRIENDS

Before children are permitted to participate in any water event or activity (i.e. an event where they would be in water out of their depth) they are required to undertake a competency check. This consists of swimming, survival floating, run-swim-run. Age group determines distances and times. Children who cannot pass the minimum proficiency are limited to beach and wade events only.

Nippers start with a role call and meeting with age managers and Junior Activity Chairperson. The day's activities are advised and any important information for parents to be aware of is discussed.

The children may then compete under the control of their age managers in several events on the beach and in the water. The children are not taught to swim. Their still-water swimming knowledge is broadened by instruction in the techniques of surf swimming.

On certain days Members will instruct the children in surf awareness, surf safety and surf skills using the Surf Life Saving "Surf Ed" program.

Each child is required to have completed a Surf Ed program for its age group prior to Branch Championships. Whilst Surf Ed is compulsory, competition is not. No child is forced to compete in any event for which they are not trained, not capable or if conditions are inappropriate. However, saying this, Townsville Picnic Bay encourages participation in all events at training days and carnivals.

Coaches, age managers and team managers have the right to remove a child from training sessions if that child's behaviour warrants it.

Due to demand, we have commenced a Fluros Program for 5 - 6 year olds who are keen to participate in activities with their older siblings. The following strict conditions and guidelines must be complied for registering children in this membership category:

- Parents must be registered members of the Club
- Children must have a brother/sister already registered in the Nippers or a parent/guardian actively involved in club activities at that particular time
- Children should be involved in fun activities and can participate in shallow water activities only.
- Children are unable to participate in inter-club carnivals or other such forms of formal competition outside the club.
- Parents/guardians must assist with running of activities.

YOUTH DEVELOPMENT COMMITTEE

Townsville Picnic Bay Surf Lifesaving Club has an established Youth Development Committee (YDC) designed to improve the development and involvement of the club's youth members.

Townsville Picnic Bay SLSC provides support to its youth members in finding a balance between lifesaving, competition, social activities, awards and committee involvement, whilst taking into consideration priorities of study, part-time work and other sports.

The YDC provides the younger members of Townsville Picnic Bay SLSC with the chance to show initiative, voice opinions and give Cadets a sense of ownership. Activities are delivered in an enjoyable, high-energy manner that emphasises "fun".

Goals:

- To improve retention from Junior Activities to Seniors
- Access to development opportunities for improved community and civic participation and career/employment prospects
- Improved participation in all aspects of the TPBSLSC, including patrols, fundraising, surf sports, administration and community relations
- Enhanced team building and team based decision making skills. To ensure that Surf Life Saving at Townsville Picnic Bay is delivered in an enjoyable, high energy way that emphasises "fun"





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SOCIAL ACTIVITIES



Surf Life Saving Club's provide an enjoyable social environment for families through the amalgamation of the Junior and Senior movements. The Junior area provides parents and relatives the opportunity to be part of a large family group which has direct interaction with the senior movement on both formal and informal levels. Social activities at Townsville Picnic Bay may include BBQ's, Socials and activities organised by the Surf Girl Committee.

Social Activities are important to Townsville Picnic Bay SLSC for many reasons:

- To help build Club spirit and team work amongst members and parents;
- To introduce new families to a background of Surf Life Saving on an informal level, thus giving parent and children further insight into the aims and objectives of the Association;
- To help create a healthy and enjoyable environment for members to develop skills and character.
- To serve as a vital fundraising means by which TPBSLSC members benefit from their own enjoyment.

Social activities often open new doors for many members and parents. Through the organisation of the activities many talents are recognised, which often leads members to a lifelong association with the movement through those specific areas.

The social activities at TPBSLSC serve to enhance the enjoyment gained by children and adults alike. Participation in these activities will see members continually looking forward to a new year and new challenges at Townsville Picnic Bay SLSC.



FUNDRAISING

Fundraising is an integral part of Townsville Picnic Bay Surf Lifesaving Club, we are a not for profit organisation, that relies on our volunteer members, donations and community grants. As members we do ask that you support the Club in whatever way you can; whether it be donating your time or engaging the community in our fundraising initiatives.

By fundraising it allows the club to maintain and improve our facilities, train our members, purchase equipment and cover administrative cost, utilities and rates. The higher we raise can also offset carnival nominations and competition costs and as a result makes your involvement in Townsville Picnic Bay Surf Life Saving Club more enjoyable and worthwhile.

It is required that any fundraising in the name of the Club can only be undertaken with the approval of the management committee. If you have any queries or suggestions for fundraising activities please contact myself or admin.

We have numerous fundraising activities throughout the year so if something doesn't work for you by the activity or the date, there's sure to be something else you can assist with . Events include – High Tea, Trivia Night, Ewan Races, Surf Appeal and much more.



HOW YOU CAN HELP

Townsville Picnic Bay Surf Life Saving Club relies upon a host of volunteers to run effectively.

Every facet of Club life; from members patrolling the beaches on the Strand and Magnetic Island, to cooking the Sunday BBQ after activities and selling raffle tickets requires help from our most valuable asset – our volunteer members.

Here are several areas where you can help us:

1. Patrol members (Minimum Requirement: Bronze Medallion)
2. Water Safety for Nipper Activities (Minimum Requirement: Surf Rescue Certificate)
3. Assistance each Training Day setting up arenas and gear Assisting Age Managers on the Beach
4. Carnival Officials (No minimum requirement but Level 1 course available) Help prepare and/or serve Sunday BBQ
5. Fundraising - assistance in organising and attending all club organised activities
6. Attendance at social functions
7. Assisting the Supporters Club, eg: behind the bar or at working bees
8. Handymen and women who may be able to assist in repairs Tradespeople – let us know your trade so if we need to use your services we can contact you
9. Transporting gear and trailers to Carnivals
10. Ensure we leave our Clubhouse and surrounds in a neat and tidy state

Junior Activities Committee

The Junior Activities Committee meets on the second Thursday of the month at 5.30pm at The Surf Club.

So come on, join in as much as you can. We are a very friendly, social bunch at Townsville Picnic Bay and always looking forward to meeting new people.

So please if you are able to help out in anyway - don't be shy offer your assistance – it will be greatly accepted.

The Surf Life Saving movement has created an amazing organisation built on care for others, flavoured with an Australian sense of fun and

character. Our forefathers and present trustees have forged a movement, which continues to attract thousands of people each year to want to be a part of this experience.

Our continual challenge is to keep Surf Life Saving relevant to the times and each generation whilst retaining those core values and experiences that have made it the icon it is today."

Surf Life Saving Queensland exists to save lives, develop practices in education, prevention, emergency care and rescue, and ultimately to meet the target of "Zero preventable deaths and injuries on all Queensland beaches". SLSQ's mission is to be accepted as a proactive and effective peak body which provides excellent beach safety and lifesaving services, water safety advocacy, education and sport. The sole purpose of SLSQ is to save lives, contribute to the fulfilment of its members ambitions and to serve the community.

However we face several problems including the vastness of Queensland beaches and the desire of the public to find seclusion, the societal changes that make it more difficult for people to volunteer, and the challenge of finding resources to grow services at ever increasing costs in an extremely competitive fundraising environment.

It appears that the only way we can achieve our goal of "zero preventable deaths and injuries on all Queensland beaches" is to continue to analyse our practices, look for innovative solutions and not be afraid of change. It is also important that we take care of our fellow patrolling members, build stronger alliances and partnerships with external bodies, and make sure our organisational structure and administrations systems are streamlined, simple and cost effective.

Townsville Picnic Bay Surf Life Saving recognises that we are nothing without our members and would not be capable of providing safe beaches without your help. We sincerely thank-you for all contributions to the Club, in particular for the time you spend patrolling the beaches to help us maintain "the life of the beach".

CLUB CONTACTS

Position	Nominee	Contact Details
President	Darrin Bragg	president@tpbslsc.com.au
Deputy President		marketing@tpbslsc.com.au
Secretary	Wendy Pascoe	secretary@tpbslsc.com.au
Treasurer	Natelee Keen	treasurer@tpbslsc.com.au
Club Administrator		admin@tpbslsc.com.au
Junior Activities Chairperson	Jason Wells	jac@tpbslsc.com.au
Club Captain	Ashlee Keen	clubcaptain@tpbslsc.com.au
Director of Surf Sports	Kristine Fowler	doss@tpbslsc.com.au
Junior Training & Development Officer	Jason Wells	clubcaptain@tpbslsc.com.au
Director of Life Saving		lifesaving@tpbslsc.com.au
Events Manager	Shawn Andersen	events@tpbslsc.com.au
President of Supporters Club	Dennis DiBartolo	presidentssc@tpbslsc.com.au

Life Members

Vince Leadbetter
 Cyril Currie
 Eric Hammett
 Les Finnerly
 William Hammett
 Edward W Thomas
 Keith Anderson
 George Sadd
 Tom Hughes
 Robert Linnett
 Ron Morrison
 Reid Anderson
 Stuart Braddick
 Tom Coleman
 Peter McGrath
 John Paterson
 Ray Carter

George Clarke
 Don Armit
 John Braddick
 Glen W. Cox
 Gary Gage
 Peter McHugh
 Craig Bennett
 Kevin Dowker
 David Mathieson
 Gary Morgan
 Deanne Dowker
 Bradley Skinner
 Robert Shillam
 Jenny Heery
 Jim Heery
 Brian Heyer



Child and Youth Risk Management Strategy

TPBSLSC is committed to protecting children from harm and promoting their wellbeing. An important child protection initiative of the Surf Life Saving movement is the participation in the working with children check as set up by the Commission for Children and Young People (ensuring all volunteers who work with children undergo a criminal history check). A blue plastic suitability card is issued to the applicant that remains valid for two years. All 18+ members are required to have a blue card - whether for assisting with nippers, patrolling, have a role on a committee, or helping set up the beach. Forms for Blue card applications are available on our website or from admin.

Grievance

A person may sometimes feel they have experienced unreasonable treatment, disadvantage or distress which they would like to lodge a complaint. This grievance can be about a situation, a process, a person or people. In dealing with a grievance the management of TPBSLSC would recommend that we should try and resolve the grievance at the lowest appropriate level of management.

Members interested in providing feedback or lodging a complaint may either send an email to the Clubs Administration Officer at admin@tpbslsc.com.au or write to PO BOX 662 Townsville Qld 4810.

The TPBSLSC Committee will ensure issues are:

1. Resolved efficiently and fairly in a timely manner at a local level
2. Dealt with in a confidential manner
3. Are impartial and free of victimisation and repercussions



MEMBERS CODE OF CONDUCT

Members and all people involved in any way with SLS will:

- a) Respect the rights, dignity and worth of others - treat others as you would like to be treated yourself
- b) Be ethical, considerate, fair, courteous and honest in all dealings with other people and organisations
- c) Be professional in, and accept responsibility for your actions
- d) Be aware of and follow—at all times—SLS' standards, rules, policies and procedures and promote those standards, rules, policies and procedures to others
- e) Operate within the rules and spirit of the sport, including the national and international guidelines that govern SLS
- f) Understand the possible consequences of breaching the codes and/or this policy
- g) Report any breaches of the codes or this policy to the appropriate PPA
- h) Refrain from any form of abuse, harassment, discrimination and victimisation towards others
- i) Raise concerns regarding decisions of PPA through the appropriate channels and in a timely manner
- j) Provide a safe environment for the conduct of activities in accordance with any relevant SLSA policy
- k) Show concern, empathy and caution towards others that may be sick or injured
- l) Be a positive role model to all
- m) Respect and protect confidential information obtained through SLS activities or services; whether individuals and/or organisational information
- n) Maintain the required standard of accreditation and/or licensing of professional competencies, as applicable to the role(s)
- o) Ensure that any physical contact with others is appropriate to the situation and necessary for the person's skill development
- p) Refrain from intimate relations with persons over whom you have a position of authority
- q) Agree to abide by the codes
- r) Maintain a duty of care towards others
- s) Be impartial and accept the responsibility for all actions taken

Person in Position of Authority (PPA):

PPA include everyone who holds a position of authority in SLS, whether paid or unpaid, and includes, but is not limited to, all SLS Entity Individual Members. For the avoidance of doubt, PPA also includes Child or Young Person (CYP) who may hold a position of authority in SLS over other CYP.

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Magnetic Island: 1A The Esplanade, Picnic Bay

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Email: admin@tpbslsc.com.au

Website: www.tpbslsc.com.au



THE SURF CLUB

Phone: 07 4724 5764 or 0429 317 753

Email: events@tpbslsc.com.au

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